

*Neutralize Your Enemy
& Unlock Your
POWERFUL Voice in
Business:
THE WORKBOOK*

Decode and neutralize the “antagonist” hidden within your Numerology chart, so you can get busy being sharing the TRUE you in your work and calling...

INTRODUCTION

You are here because you are ready to step into the fullest expression of your gifts. But something—someone—has been whispering doubts, fears, and limitations that keep you playing small.

In this workbook, you will identify the “antagonist” hidden within your Numerology chart—the character from your past (real or symbolic) who has kept you from fully expressing your true work, true voice, and brightest light.

This hidden enemy distorts your self-perception, causing you to hide, shrink, or doubt your own genius. But today, you’re going to name them, challenge them, and take your power back.

Let’s dive in.

A handwritten signature in black ink that reads "Nat Olson". The signature is written in a cursive, flowing style with a large initial 'N'.

STEP 1: IDENTIFY YOUR NUMEROLOGY ARCHETYPE & ITS ENEMY

Find your Expression Number below and discover the antagonist that has been working against you:

Expression 1 - The Pioneer

Enemy: The Underminer - Whispers that you should fit in and your sensitivity and unique ideas are stupid, causing you to second-guess yourself and your leadership.

Expression 2 - The Peacemaker

Enemy: The Abandoner/Ice Queen or King - Tells you that you are clingy, needy, and unworthy of connection. It insists you shouldn't need support and that relationships will always let you down.

Expression 3 - The Creative

Enemy: The Cloud-Cutter - Sneers at your joy, calling it a burden or a distraction. Says you need to “get your head out of the clouds” and be more practical; to stay quiet.

Expression 4 - The Builder

Enemy: The Chaos Bringer - Makes you feel unsafe and unstable, demanding you fix them in an endless, impossible cycle of instability.

Expression 5 - The Freedom-Seeker

Enemy: The Cage Keeper - Instills fear of losing security and being judged for your wild nature. It takes away your freedom and tells you that your adventurous spirit is reckless.

Expression 6 - The Healer

Enemy: The Helpless One - Guilt-trips you into taking responsibility for others' well-being, convincing you that you must sacrifice yourself to keep the peace.

Expression 7 - The Seeker

Enemy: The Superficial Judge or Mean Girl - Laughs at your deep thinking and spirituality, making you feel like your wisdom is weird or impractical.

Expression 8 - The Powerhouse

Enemy: The Tyrant - Strips you of confidence, whispering that you're incapable, weak, or should only listen to their authority.

Expression 9 - The Wise Soul

Enemy: The Destroyer of Hope - Tells you that you are "too much," "too passionate," and "too naive." The world is a scary, dark place and you cannot trust anyone.

Expression 11 - The Spiritual Messenger

Enemy: The Gaslighter - Clouds your visions with uncertainty, convincing you that your insights and intuitions are meaningless or wrong; that there is NO elephant in the room (when there DEFINITELY is).

Expression 22 - The Master Builder

Enemy: The Skeptic - Whispers, “Who do you think you are to have this dream?”—causing you to shrink from your highest potential.

Expression 33 - The Master Teacher

Enemy: The Guru - Tries to stifle your light, making you believe that your words and wisdom are not ready to be shared and that you will forever be a student, never a teacher.

STEP 2: UNMASK YOUR ENEMY

Use the space below to answer these questions:

1. Can you identify a real person (from childhood, family, or past experiences) who mirrors this antagonist?

2. What are the exact words or messages this antagonist has planted in your mind?

3. How do these words make you feel? How do they hold you back in your business or calling?

STEP 3: DISMANTLE THE LIES & TAKE BACK YOUR POWER

Now, let's rewrite the narrative. Answer the following prompts:

1. If your highest self could sit face-to-face with this antagonist, what would they say?

2. What is the truth about your magic, your voice, and your purpose?

3. How would your business and life transform if you fully owned your true power?

FINAL STEP: AFFIRM YOUR TRUE POWER

Choose one of the following affirmations or write your own:


✨ I release the lies that were never mine to carry. My gifts are needed, and I trust in my magic.

✨ My voice, my vision, and my business are uniquely mine—and that is my superpower.

✨ I am free from the past, free from doubt, and free to be fully me. Take a deep breath. The enemy has no power over you anymore. You are free.

WHAT'S NEXT?

This is just the beginning. If you're ready to fully step into your soul-aligned business and bring your true light into the world, let's work together. Click below to book a session and start aligning with your highest path.

 [Book a Success Numbers Audit with Me Here](#)

Congratulations—you just reclaimed your power. The world is waiting for your magic. ✨